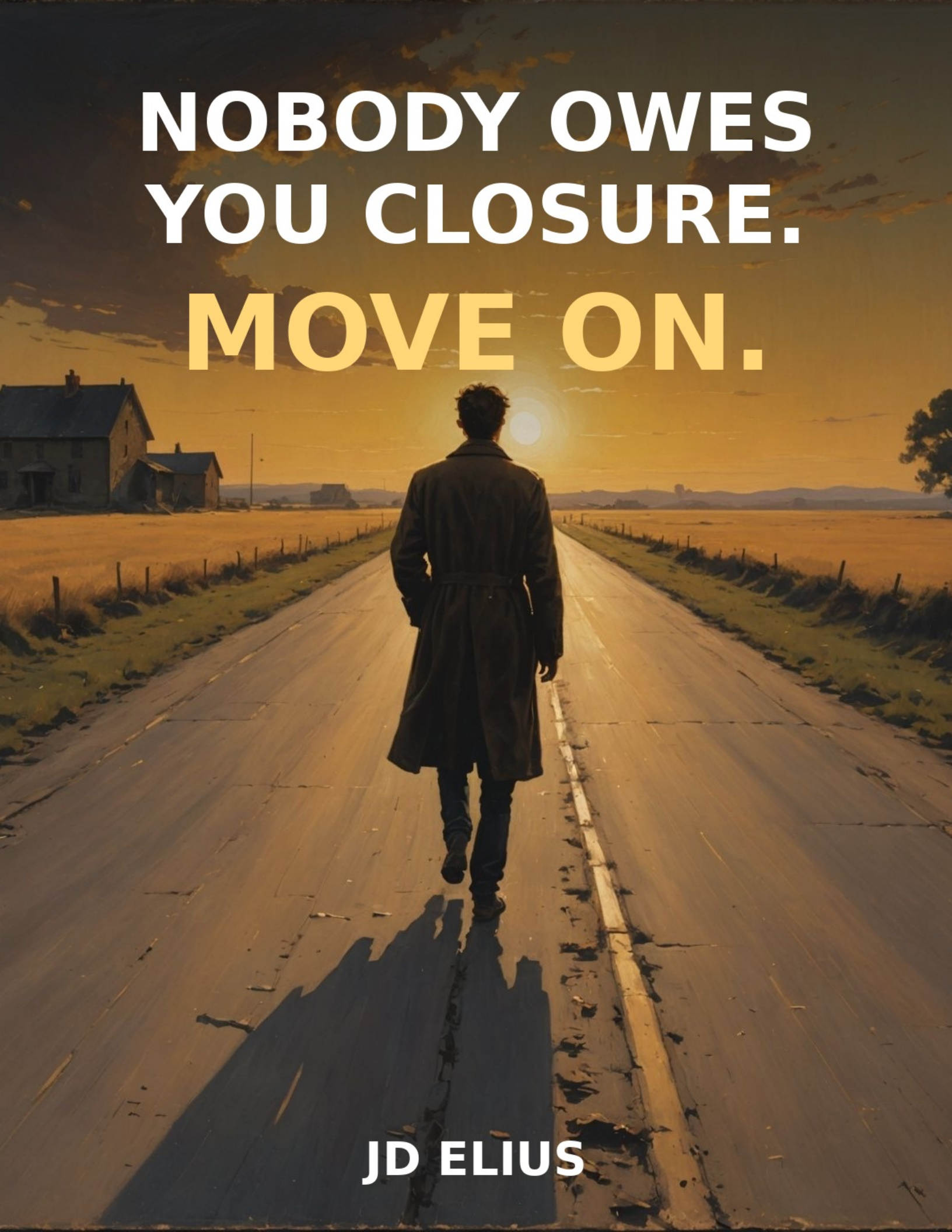
NOBODY OWES
YOU CLOSURE.
MOVE ON.
JD ELIUS

Nobody Owes You Closure. Move On.

Written by JD Elius

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Nobody's Coming to Say Sorry

You've been waiting.

And waiting. Waiting for that text. That call. That one conversation where they finally look you in your eye and tell you what you've been waiting to hear.

Let me save you some time. It's not coming.

Yeah?

That person you're waiting on? They moved on without you. They're living their best life. Eating dinner. Laughing out loud on their phone. Not thinking about you. Not one bit.

And you? You're still standing at a door they already walked out of. Knocking. Waiting. Putting your whole life on pause for a conversation that lives only in your imagination.

I'm not telling you this to hurt you. I'm telling you this to heal you. Because I've been you.

Closure isn't a gift they hand you. It's a door *you* close.

Yeah?

So let's talk about how you shut it — and walk.

Chapter 1: You're Not Waiting on Closure. You're Hoping They Come Back.

Let's be real for a second.

You keep lying to yourself. Calling it closure. "I just need closure." "I just want to understand." "I just need to know why."

Nah. Let me tell you what nobody else is telling you. You're not waiting for closure. You're waiting for them to come back.

Yeah?

You don't want an explanation. You want *them*. You want them to show up. You want them to realize what they lost. You want them to tell you it was all a mistake. That they want you. That they need you back.

Yeah?

And I get it. That's a nice movie to play in your head. But that's all it is. A movie. And every day you keep playing it, you're stuck. Because you can't fix a thing you won't be honest about.

So say it straight: you're not stuck because you don't understand. You're stuck because you're still holding the door open, hoping they walk back through it.

That hope? That's the chain.

Yeah?

Do this today: Say it out loud, just once — "I'm not waiting on closure. I'm hoping they come back." Hear it. That's the truth you've been dodging. And the truth is where this starts.

Chapter 2: That Open Door Is Costing You

So you're keeping that door open, yeah? Tell me — for what? Is it just in case they come back? Just in case they explain? Or is it just in case they finally say sorry? So tell me — which one is it?

Let me tell you what that "just in case" is really costing you. Your peace. Your sleep. Your *right now*. This moment. As we speak.

Yeah?

Why you looking backwards at a door that's not opening? A door that's never gonna open again?

Life is happening right in front of you. And you're missing out on all of it.

Yeah?

The people who *do* show up for you? You're half-there with them — because part of you is still back at that door, waiting.

You're living in a chapter everybody else already closed.

Think about that. They moved on. They're in a whole new book. And you? You're still reading the same chapter over and over, hoping it ends different this time.

Well, guess what? I got news for you. It won't.

Yeah?

Do this today: Name one thing this waiting has cost you — one real thing. A night's sleep. A moment you missed. Time you won't get back. Say it. Feel the weight of what it's taking. That's your reason to close the door.

Close: Shut the Door. Walk.

So here we are.

You've been waiting. And waiting on a sorry that's not coming.

You've been calling it closure — when really, it was just hope that they'd come back.

And you've been holding that door open. Holding it open for somebody who's never gonna walk through it again. Never.

Now you know better.

Yeah?

Here's the truth nobody's telling you. But I am. You were never waiting on them. You were really waiting on permission. Permission to move on. Permission to stop hurting. Permission to let go.

I'm here to tell you — you don't need it. You never did.

Yeah?

Closure was always yours to give yourself. That door? You're the one holding it open. Which means you're the one who can shut it.

So shut it. Not because you got your answers. Not because they came back. Not because it finally made sense. Nah.

Shut it because *you* decided you're done waiting to live. Shut it because it's time.

That's power. That's you taking it back — because you finally realized, nobody owes you closure.

So stop waiting on it. And move on. You can do this.

I've been you. And I'm telling you right now — it's better over here.

Now go. I'm waiting on you.

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